

The prayers we say at St Aloysius

At our school, prayer is important because it helps us feel close to God and reminds us that we are never alone. When we pray together, we take a quiet moment to think about others, say thank you, and ask for God's help when we need it. Prayer helps us calm our minds, make good choices, and show kindness each day. It brings us together as a school family and helps us remember to live like Jesus by being caring, respectful, and loving toward everyone.

EARLY YEARS

In *Early Years*, children begin by learning simple, spoken prayers and joining in short moments of prayer as a class. They learn to talk to God in easy ways—thanking Him for the day, their families, and the things that make them happy. They also start to understand that prayer is a quiet, peaceful time where we can listen and feel safe.

KEY STAGE 1

In *Key Stage 1*, children begin to learn and remember well-known prayers, such as The Lord's Prayer and the Hail Mary. They start to think more carefully about what they want to pray for, including people who need help, things happening in the world, and their own hopes. Prayer time helps them practise being still, thoughtful, and caring.

LOWER KEY STAGE 2

In *Lower Key Stage 2*, children grow in confidence and begin to take a more active role in prayer. They learn important traditional prayers such as the **Apostles' Creed**. They develop more confidence in planning and delivering their own collective worship sessions and understand that prayer can be used in different moments—when they are thankful, worried, or wanting to make good choices.

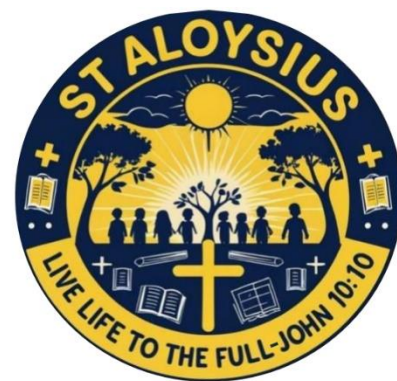
UPPER KEY STAGE 2

By *Upper Key Stage 2*, children develop a deeper understanding of prayer and learn a wider variety of traditional and personal prayers. These include prayers such as the **Morning Offering**, **The Rosary** and **The Magnificat**. They are encouraged to lead prayer times and liturgies with confidence, reflect thoughtfully on the meaning of their prayers, and use prayer to guide their choices and actions. Prayer becomes a central part of their faith journey, helping them grow closer to God, strengthen their relationship with Jesus, and live according to Gospel values in their daily lives.



"Therefore, I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours."

Mark 11:24



EARLY YEARS

The Sign of the Cross

In the name of the Father
and of the Son
and of the Holy Spirit.
Amen.

End of the Day Prayer

God, our Father, I come to say
Thank you for your love today
Thank you for my family
And all the friend you give to me.
Guard me in the dark of night
And in the morning, send your light.
Amen

St Aloysius School Prayer

Let us pray this morning for friendship in our
school.
May we live happily and joyfully with each
other.
Let there be care and concern in all our
friendships.
Let us remember that a school is only as good
as the people in it.
Dear God, let our school be a place where
people feel welcome, content and secure.
Amen.



KEY STAGE 1

The following prayers are introduced in Key Stage 1:

The Lord's Prayer

Our Father who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth,
as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

The Hail Mary

Hail, Mary, full of grace,
the Lord is with thee.
Blessed art thou among women
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.
Amen.

Glory be to the Father

Glory be to the Father
and to the Son
and to the Holy Spirit,
as it was in the beginning

is now, and ever shall be
world without end.
Amen.

Grace before meals

Bless us, O Lord, and these your gifts
which we are about to receive from your
bounty.
Through Christ our Lord.
Amen.

Grace after meals

We give you thanks, Almighty God,
for all your benefits,
who live and reign, world without end.
Amen.



LOWER KEY STAGE 2

The following prayers are introduced in
Lower Key Stage 2:

The Apostles' Creed

I believe in God,
the Father almighty
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
*At the words that follow, up to and including the
Virgin Mary, all bow.*
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the
Father almighty;
from there he will come to judge the living and
the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting.
Amen.

Act of Contrition

O my God, because you are so good,

I am very sorry that I have sinned against you,
and with the help of your grace
I will not sin again.

Angel of God

Angel of God,
my guardian dear,
to whom God's love commits me here,
ever this day be at my side,
to light and guard,
to rule and guide.
Amen.

Come, Holy Spirit

V. Come, Holy Spirit, fill the hearts of your
faithful.
R. And kindle in them the fire of your love.
V. Send forth your Spirit and they shall be
created.
R. And you will renew the face of the earth.
Let us pray O God, who by the light of the
Holy Spirit,
did instruct the hearts of your faithful,
grant that by that same Holy Spirit,
we may be truly wise, and ever rejoice in your
consolation,
Through Christ our Lord.
Amen.

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Prayer of St Richard of Chichester

Thanks be to you, my Lord Jesus Christ,
for all the benefits which you have given me,
for all the pains and insults which you have
borne for me.

O most merciful Redeemer, friend and brother,
may I know you more clearly,
love you more dearly,
and follow you more nearly,
day by day. Amen.



UPPER KEY STAGE 2

The following prayers are introduced in Upper Key Stage 2:

Morning Offering

O Jesus, through the most pure heart of Mary,
I offer you all my prayers,
thoughts, works and sufferings of this day
for all the intentions of your most Sacred heart.

The Rosary

For each mystery or decade, one Our Father,
ten Hail Marys and the Glory be is recited.

The Magnificat

My soul proclaims the greatness of the Lord,
and my spirit rejoices in God my Saviour,
for he has looked upon his handmaid in her lowliness;
for behold, from this day forward,
all generations will call me blessed.

For the Almighty has done great things for me,
and holy is his name.

His mercy is from age to age
for those who fear him.

He has made known the strength of his arm,
and has scattered the proud in their conceit of heart.

He has cast down the mighty from their thrones

and has exalted those who are lowly.

He has filled the hungry with good things,
and has sent the rich away empty.

He has helped his servant Israel,
mindful of his mercy,
even as he promised to our fathers,
to Abraham and his descendants for ever.

Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning, is now,
and ever shall be, world without end.
Amen.

Act of Faith

My God, I believe in you
and all that your Church teaches,
because you have said it,
and your word is true.

Act of Hope

My God, I hope in you,
for grace and for glory,
because of your promises,
your mercy and your power.

Act of Love

My God, because you are so good,

I love you with all my heart,

and for your sake,

I love your neighbour as myself.

