

CHOOSE

RESPECT



Anti-Bullying Week @ St Aloysius

Monday 11th November – Friday 15th November 2024



Nursery

LEARNING OBJECTIVE: To know the qualities of a good friend.

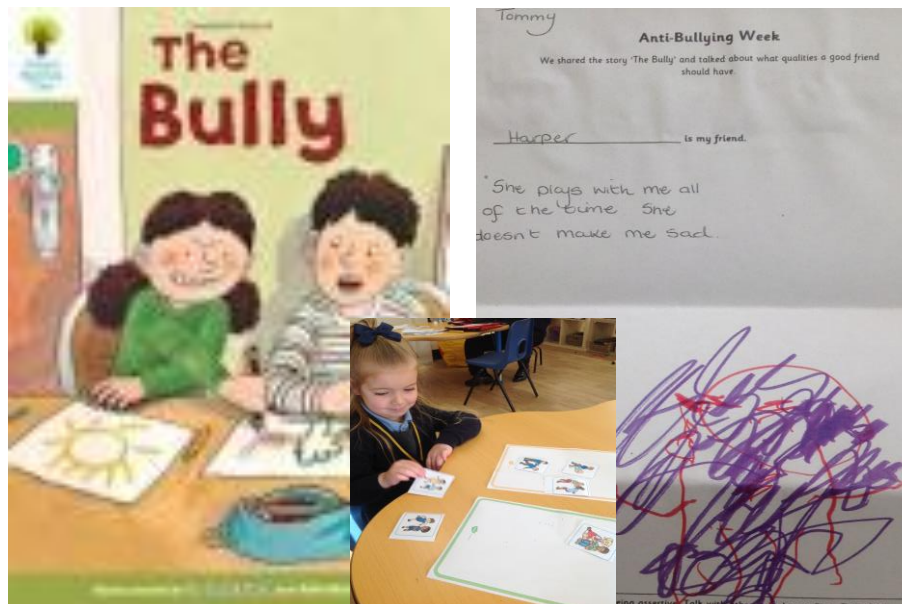
Develop appropriate ways of being assertive. Talk with others to solve conflicts. Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried' (PSED 3-4)

What is a good friend?

We listened to the story, 'The Bully'. We discussed what 'bullying' means and how it makes people feel. We thought carefully about what we should do if we see bullying happen.

The children shared their ideas about how a good friend should behave. They said things such as 'share toys, play, be kind, smile.'

In small groups, the children drew a picture of a friend and told each other why they were a friend. Other tasks included creating a 'recipe for a good friend', making friendship bracelets and completing a sorting activity.



Pupil Voice

Harper – “You should tell a teacher”.

Joshua - “A friend makes you smile.”

Isla – “ My friend shares.”

Cleo – “(You shouldn't) push... Be angry.”



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Reception

LEARNING OBJECTIVE: To understand how unkind words can hurt others.

During our circle time, we talked about how when people are bullied or not respected, they feel horrible inside and don't show or tell others how they are feeling. We looked at two apples that looked the same (one had been previously dropped several times). The children described the apples (they didn't know that one had been dropped because the bruising happens below the waxy skin). The teacher announced how much she disliked the dropped apple, she said that because she disliked it, neither should the children in the class. One by one, she encouraged the children to call the apple names. She then took the second apple and told the children that this was the 'good' one. We passed the 'good apple' around the circle whilst the teacher encouraged the children to give the apple compliments and take care of it. Once we had passed both apples around the circle we compared the apples again. The apples still looked the same, we couldn't see any damage. We then cut both apples open. We noticed immediately that the second apple was fresh, juicy and unblemished, while the first 'bullied' apple was bruised, soft and discoloured.

As a group, we reflected on how this activity might apply to bullying and how we treat each other. We talked about what we had done to make the apple bruised and brown and discussed how when we call people names and are unkind, we are bruising them like this apple. Even though the damage isn't visible on the outside, it is very hurtful.



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#ANTIBULLYINGWEEK

Pupil Voice:

"You have to use kind words otherwise people will feel sad." **Violet**

"If people are unkind you need to tell a grown up."

Millie

"The apple was sad because people had said nasty words to it...We should be kind and say sorry."

Oscar

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Year 1

LEARNING OBJECTIVE: To understand the importance of friendship.

As part of Anti-Bullying week we talked about 'Friendship' and what makes a good friend.

We shared the story, 'The Friendship Bench' which is about a little girl who has nobody to play with. She is encouraged to use the friendship bench but finds someone already sitting on it.

After listening to the story, we made a mind map on the board highlighting all of the good qualities a friend needs.

With this, we created a friendship bracelet. We all picked one word which we felt was the most important part of friendship. We love our friends very much.



Pupil Voice

“You have to be respectful to your friends.” **Aedan**

“We should love everyone.”
Ethan

“You have to treat others nicely and they will be nice back.”
Gracie

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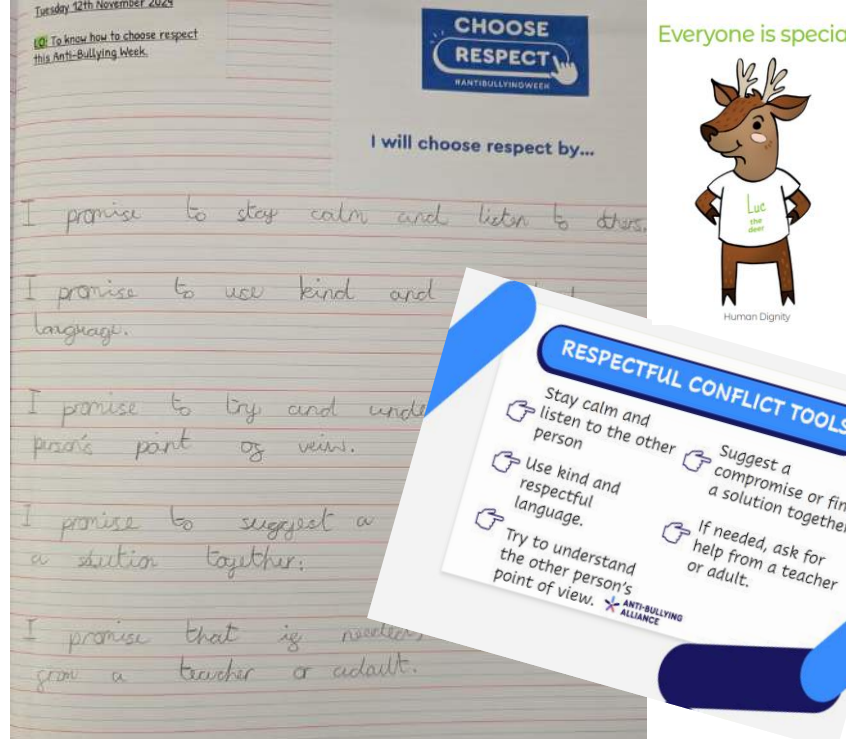


Year 2

LEARNING OBJECTIVE: To understand the importance of respecting others.

In class, we have been thinking about the meaning of the words '**bullying**' and '**respect**'. We know that, at times, people have disagreements with each other. We talked about the difference between a respectful and disrespectful disagreement.

We then took turns role playing different scenarios where people were disrespectful and respectful to each other. We talked about the difference of the actions and words used. We know it is important to always show respect to others even if we don't always agree with what they are saying or doing. We linked this to the **CST principle** of '**dignity**'. We understand that all of us are unique and beautiful. We are called to treat every person and every creature with loving respect.



Pupil Voice

Ellis- "You should use kind words and be respectful."

Alice- " You have to be a nice person. You don't always agree but you should still show respect."

Gabriel- "Bullying can hurt feelings."

Ivy- "If people are disrespectful. Tell them to choose respect."

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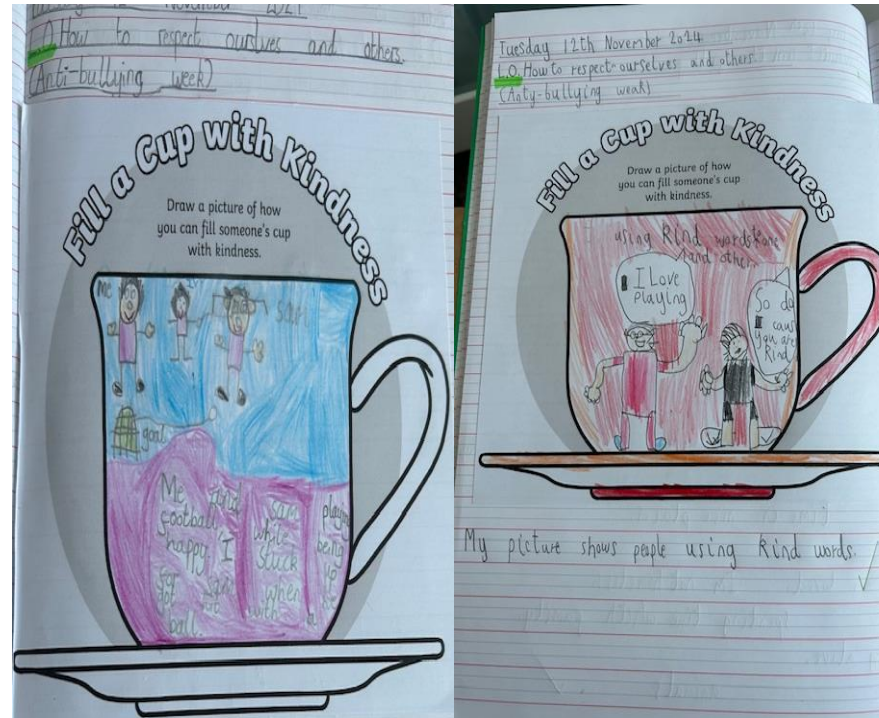
Year 3

LEARNING OBJECTIVE: To understand how to respect ourselves and others.

In class, we talked about what bullying is and what it is not. The children spoke about and understood that bullying must happen lots of times and is not something that happens just once. This led onto talking about our own experiences with bullying and how at times we may have a falling out with someone.

We then spoke about how we can make sure to use kind words in and outside of school. The children spoke about who their trusted adults in school and at home are.

Finally, the children watched a video to help them understand bullying and respect for others. They produced some lovely drawings showing how they have been kind to others.



Pupil Voice

Fintan: "You can't bully at any time it can make people feel really sad."

Sophie: "It is important to help someone and if you think it could be bullying you should talk to a teacher or grown-ups at home."

Freddie: "Bullying is when you keep doing it to someone. We should always try to be kind to others."

Orlagh: "It can hurt peoples feeling and leave them sad for a long time."

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Year 4

LEARNING OBJECTIVE: To recognise how to stay safe online.

In class, we talked about what bullying is and the different types of bullying. Once we identified different types of bullying, we identified ways in which we can stay safe.

We talked through real life scenarios which could happen and discussed how we would respond. The children were so sensible and mature when talking about bullying.

We all agreed that bullying is wrong, and we are all confident that we can deal with different scenarios and help stop bullying and support those who need help. We all know responsible, trusted adults we can talk to.

We made posters to encourage people to stay safe and to speak up if they have any worries.



"I know to ignore people if they are being mean."

"Never send personal information to anyone online."

"Never meet up with anyone you have met online."

"Don't accept friend requests from random people."

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Year 5

LEARNING OBJECTIVE: L.O. To understand how to address bullying and how to choose to be respectful in our own interactions.

In class we talked about our own experiences with bullying and talked about the difference between falling out with someone and being bullied.

We looked at a video of a child being bullied and we talked about the teacher's solution. She encouraged children to stand up for the child being bullied and lots of people showed solidarity.

However, this led to an interesting discussion about whether we felt it was the end of the problem. Some people felt that the bully had no remorse and may just begin targeting someone else. Others felt that peer pressure would make her think twice before doing it to someone else.

We then looked at how we can manage conflict and choose careful words when disagreeing. We acted out some scenarios where the disagreement was handled badly and then revisited the scenario to see how the words we use can improve our interactions.

We then made a pledge to always be respectful.



Jayne's Story



Pupil Voice

“I like the way the teacher asked who would back up the child who was being bullied.”

“Sometimes it won't stop straight away but we need to keep reporting the bully so that teachers and parents have a chance to sort it out.”

“At my old school I had a bully but I told my parents and the teachers made sure it stopped.”

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Year 6

LEARNING OBJECTIVE: To recognise what bullying is and why it is important to treat everyone with respect.

As part of Anti-Bullying Week, Year 6 explored the concept of bullying, discussing the fact that bullying is targeted and persistent incidences which have the intention of hurting an individual.

As part of our discussion, we talked about the importance of respecting others and recognising everyone's differences and whilst we sometimes might disagree with people's opinions, we must respect them.

For our activity, we each picked someone's name from our class at random and had to design a jigsaw piece all about their qualities and characteristics.

We then placed these together to communicate the fact that even though we are all different, we come together as one school family and that this should be celebrated.



Pupil Voice

"People in our world need to be respectful because we can't expect respect if we don't give it."

"When I am respected it makes me feel like I belong here because it shows that we are all equal"

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