

Personal Development at St Aloysius



Our Vision



The personal development of pupils at St Aloysius is at the centre of our school ethos. By nurturing our children's personal development skills, we strive to prepare them for their adult lives, teaching them to understand how to engage with society and providing them with plentiful opportunities to do so.

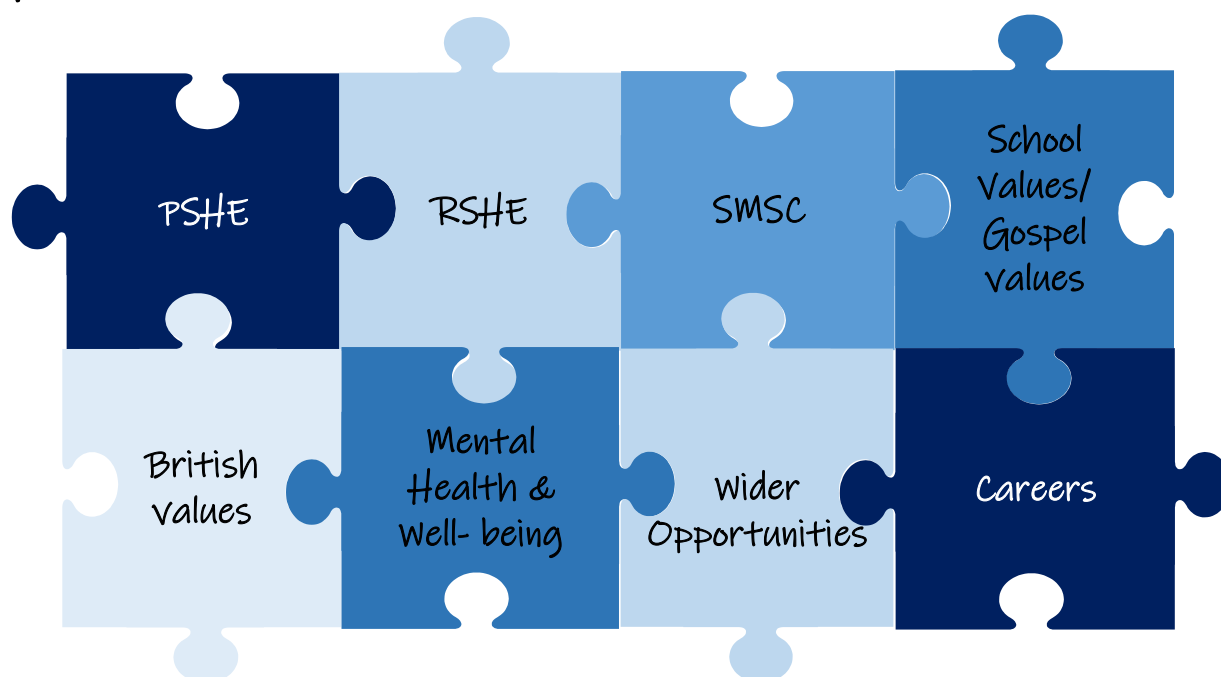
Our curriculum extends beyond the academic and supports pupils to develop and grow within many aspects of life. We aim to provide the essential knowledge that pupils need to be educated citizens of the world.

We offer rich opportunities for pupils to explore and develop their own values and beliefs, spiritual awareness, high standards of personal behaviour, a positive caring attitude towards other people, an understanding of their social and cultural traditions and an appreciation of the diversity and richness of other cultures.



We are committed to the personal development of all of our children. We strive to equip our pupils with the personal skills that will prepare them for their future lives in an increasingly complex world. We actively develop pupils' life skills so that they can be **critical thinkers, creative, tolerant and empathetic people**. All of which are necessary characteristics for citizens of our modern society.

Key Elements





PSHE and RSHE are lifelong learning processes of acquiring information, developing skills and forming positive beliefs and attitudes including about understanding relationships, emotions and feelings.

At St Aloysius, the teaching of PSHE is not confined to a specific slot on the timetable. It is a combination of discrete curriculum time, specialised assemblies, through pastoral care and guidance, visiting speakers, cross-curricular coverage and delivery through whole school events (i.e. Internet safety days).

Within PSHE we recognise the following:

- **Health and Wellbeing**
Children engaging in activities to promote their physical and mental well-being.
- **Living in the Wider World**
Encouraging children to take a responsible role in society, including the development of the children's awareness of their personal safety and the process by which they can seek help and information as well as learning the behaviour expected of them as responsible citizens.
- **Relationships**
Information by which the child is able to become aware of themselves as a person and understanding that the process of development is a natural part of growing up.

Specific Relationships and Health Education is taught through our scheme Ten: Ten - Life to the full.



Our Prayer Leaders take active roles in promoting the spiritual life of the school community



Our Mini Vinnies working hard to set up a uniform stall

NSPCC workshops and assemblies teach children about keeping safe

Our children learn about being healthy and cooking nutritious meals in DT lessons



Our School Council help to make a difference in our school, working on different projects throughout the year.





As a Catholic School, St Aloysius delivers RSHE in accordance with the teaching of the Church. This approach is compatible with the guidance issued in the DfE. RHE is part of the mission of Catholic schools to educate the whole person. It is carried out as part of the holistic education which seeks to inform young people and prepare them for adult life.

RSHE is primarily delivered through the Catholic charity Ten: Ten Relationships curriculum, 'Life to the Full.' Biological aspects of RSE are also taught within the science curriculum and other aspects are included in Religious Education (RE).

RSHE focuses on teaching the fundamental building blocks and characteristics of positive relationships including:

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe



These areas of learning are taught within the context of family life, taking care to ensure that there is no stigmatisation of children based on their home circumstances (families can include single parent families, LGBT parents, families headed by grandparents, adoptive parents, foster parents/carers amongst other structures) along with reflecting sensitively that some children may have a different structure of support around them (for example: looked after children or young carers).

	EYFS	KS1	LKS2	UKS2
Module 1	Created and Loved by God			
	Religious Understanding	Me, My Body, My Health	Emotional Well-Being	Life Cycles
Module 2	Created to Love Others			
	Religious Understanding	Personal Relationships	Keeping Safe	
Module 3	Created to Live in Community			
	Religious Understanding	Living in the Wider World		

SMSC (Spiritual, Moral, Social, Cultural Development)

'Children must be taught how to think, not what to think.'
Margaret Mead

At St Aloysius, we are passionate about building a community of **caring, compassionate, respectful** and **highly motivated** children who will grow into strong members of society. Our school curriculum is planned to support this; enriched with a wealth of opportunities for pupils to learn and play together. Our pupils take part in a wide variety of cultural activities, and mix with people of other ages, cultures and faiths in order to develop an understanding and interest in the world.

SMSC can sometimes be taught discretely but is also threaded carefully through other subjects. It is interwoven with the drive to promote positive relationships. Each year we take part in a range of activities such as Diwali, Hanukkah and Chinese New Year to develop the children's appreciation of other peoples and faiths.

The personal development of pupils spiritually, morally, socially and culturally, plays a significant part in their ability to learn and achieve. We therefore aim to provide an education that provides pupils with opportunities to explore and develop their Catholic faith, their own values and beliefs, spiritual awareness, high standards of personal behaviour, a positive, caring attitude towards other people, an understanding of their social and cultural traditions and an appreciation of the diversity and richness of world cultures.

All of our curriculum areas have a contribution to make to a child's spiritual, moral, social and cultural development and opportunities for this are evident across the curriculum from EYFS to Year 6

We support **the spiritual development** of pupils by developing their:

- ability to be reflective about their own beliefs (religious or otherwise) and perspective on life;
- knowledge of, and respect for, different people's faiths, feelings and values;
- sense of enjoyment and fascination in learning about themselves, others and the world around them;
- use of imagination and creativity in their learning;
- willingness to reflect on their experiences.

We support **the moral development** of pupils by developing their:

- ability to recognise the difference between right and wrong and to readily apply this understanding in their own lives, and to recognise legal boundaries and, in doing so, respect the civil and criminal law of England;
- understanding of the consequences of their behaviour and actions;
- interest in investigating and offering reasoned views about moral and ethical issues and ability to understand and appreciate the viewpoints of others on these issues.

We support **the social development** of pupils by developing their:

- use of a range of social skills in different contexts, for example working and socialising with other pupils, including those from different religious, ethnic and socio-economic backgrounds;
- willingness to participate in a variety of communities and social settings, including by volunteering, cooperating well with others and being able to resolve conflicts effectively;
- acceptance of and engagement with the fundamental British values of democracy, the rule of law, individual liberty and mutual respect and tolerance of those with different faiths and beliefs. They will develop and demonstrate skills and attitudes that will allow them to participate fully in and contribute positively to life in modern Britain.

We support **the cultural development** of pupils by developing their:

- understanding and appreciation of the wide range of cultural influences that have shaped their own heritage and that of others;
- understanding and appreciation of the range of different cultures in the school and further afield as an essential element of their preparation for life in modern Britain;
- ability to recognise, and value, the things we share in common across cultural, religious, ethnic and socio-economic communities;
- knowledge of Britain's democratic parliamentary system and its central role in shaping our history and values, and in continuing to develop Britain;
- willingness to participate in and respond positively to artistic, musical, sporting and cultural opportunities;
- interest in exploring, improving understanding of and showing respect for different faiths and cultural diversity and the extent to which they understand, accept and respect diversity. This is shown by their respect and attitudes towards different religious, ethnic and socio-economic groups in the local, national and global communities.

Our children grasp musical/sporting/artistic / opportunities with both hands



School Council posters to make parking safer around school



The Eco – Council have been out in the community picking litter



The South Tyneside Music Festival



School Values and Mission



'I have come that you may have life, and have it to the full.'
John 10:10

St Aloysius
Two Schools
One Community



Care and Concern Award

We are so proud of

Because they have shown care and concern in our school today by

Date:
Staff signature:



St Aloysius



Faith
Kindness
Reconciliation
Joy
Compassion
Tolerance
Justice
Hope
Trust
Respect
Community
Love
Forgiveness

The children at our school have been introduced to a new set of school values which are rooted in the Gospel values of love, kindness, forgiveness and tolerance. Children understand that our school values are reflected through:

- The way we behave
- The actions we take
- The decisions we make



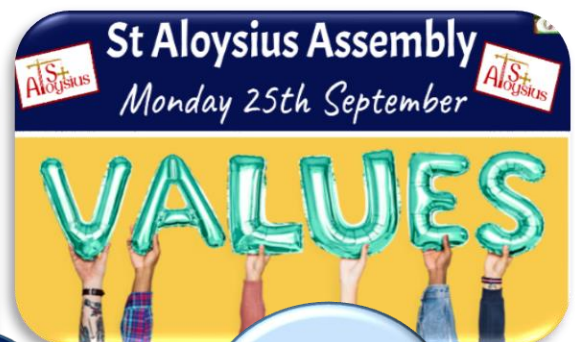
Work is currently underway to link these values in to our character development work.

British Values

At St Aloysius, we celebrate and value the diverse backgrounds of our pupils and their families. In addition to this, our school's values work in harmony with Fundamental British Values, and, through our work on developing both aspects, we encourage pupils to consider them together. We nurture our pupils on their journey through life so they grow into caring, responsible and respectful adults who make a positive difference to British society and the wider world. We encourage them to be creative, open-minded and responsible individuals who care for others in our school, local community and beyond. We are committed to serving our community and local area; in so doing we reinforce Fundamental British Values regularly.



Displays
around
school



Assemblies
each term

Mental Health and Well-being



At St Aloysius, we know that good mental health and wellbeing is essential for our pupils. It helps them to learn effectively, cope with day-to-day challenges, and develop into resilient young adults. As such, we support the mental health and wellbeing of our children in a multitude of ways:

- *Emotional needs are identified quickly and appropriate early interventions are put in place such as counselling, Early Help and mentoring.*
- *Rainbows/Sunbeam sessions are delivered when appropriate.*
- *Personalised timetables for some children.*
- *Referrals to the Healthy Minds Team.*
- *Whole class sessions are delivered by the Healthy Minds Team which focus on managing worries, supporting positive mental health and peer support. Sessions are planned to suit the needs of each cohort through regular discussion and reflection.*
- *Parent sessions are held to offer support, share information and highlight needs.*
- *PSHE sessions focus on identifying, understanding and describing the range of emotions we may experience.*
- *Regular questionnaires are given to children to ensure they feel safe in school. Any issues arising including bullying are dealt with immediately through discussion, friendship groups, the buddy system and regular contact with a key adult.*
- *Use of 'ask it baskets' provide all children with the opportunity to ask for support.*
- *Whole school participation in activities to acknowledge Mental Health Week.*
- *Our Well-being Lead, Mrs Vicky James has completed Senior Mental health lead training with Creative Education.*
- *Members of our team are KidSafe trainers and deliver sessions to children from Year 1 – Year 6.*
- *Displays throughout the school promote healthy and appropriate behaviours – science display/counselling/mental health/school values/British values/HMT display.*
- *We have a team of Mental Health Champions who work closely with our Mental Health Lead and the Healthy minds team to provide support to their peers and the younger children in our school.*

As is now well known, there has been an increased focus on raising the awareness of mental health and making it more 'acceptable' for individuals to seek help and gain access to support earlier. We have worked hard to create safe and supportive environment where our children feel comfortable discussing their mental health, this is evident from pupil voice.

We have just been awarded Healthy School Status until Summer 2027



St Aloysius Federation
Healthy Schools Award 2024-2027

Dear Healthy Schools Lead,

I am so pleased to inform you that your application for the Secondary and Special Settings Healthy Schools Award has been **successful**, and you have been awarded 'Healthy School Status' until **Summer 2027**.



The Healthy Minds Team deliver an assembly during Mental Health Awareness Week



Our Y6 Mental Health Champions



Wider Opportunities

Our school is committed to developing the whole child; therefore, high-quality activities and experiences are an essential part of school life. Through providing rich and plentiful experiences outside of the classroom we aim to develop respectful, resilient and aspirational learners, who enjoy each day and make the most out of every enrichment opportunity.

St Aloysius provides children with a rounded, culturally rich education through activities that are created to enhance their learning. Our wider curriculum gives pupils excellent opportunities to try new and varied activities that develop character, resilience and motivation and encourage them to pursue wider goals. Our aim is that the enrichment opportunities we provide, linked with the school values (ARISE) will benefit the children beyond the classroom to help them develop an appreciation and understanding of cultural and community issues, teamwork and social responsibility.



Some examples of the opportunities we provide:

- *School Council*
- *Mini Vinnies*
- *Eco – Council*
- *Prayer Leaders*
- *Sports Leaders*
- *Outdoor learning (Secret Garden)*
- *Swimming*
- *Bik ability*
- *SAFC Family Learning Sessions*
- *ASDA workshops*
- *Visitors into school*
- *Educational visits*
- *Residential trips*
- *Sports events*
- *Music Festival*
- *Dance Festival*
- *Science Week*
- *Peer mentoring*
- *We Eat Elephants*
- *Yoga*
- *Lunchtime and After school clubs:*
 - *Around the World Languages Club*
 - *Lego Club*
 - *Cooking Club*
 - *Dodgeball Club*
 - *Hockey Club*
 - *Dance Club*
 - *Art Club*
 - *Multi-skills club*
 - *Computer Club*



Careers

Children begin to form aspirations at the age of 3-4. That is why, at St Aloysius, we see it as our role to nurture any aspirations they may have, and expose them to the vast career options that are out there.

We are firm believers that our children can do anything they put their minds to and that each and every child in our school has the potential to flourish. We want to do all we can to help them to become whatever they aspire to be in life. We aim to provide our children with a breadth of experiences in the world of work, routes into work and employability skills that will help them to go on to succeed.

As part of our careers education, we:

- Invite people from many different places of work into our school to deliver talks and workshops.
- Deliver assemblies, campaigns and displays around school so that children can see that everything we do in school can lead to a job in the future;
- Provide a range of opportunities and experiences for our children to explore a vast range of career options;
- Deliver teaching around communication, critical thinking and collaboration to enable children to be successful in the world of work in the future.



What skills do I learn in my **SCIENCE** lessons?

Skill 1: Observation
Skill 2: Experimentation
Skill 3: Inference
Skill 4: Analysis and Evaluation

Teacher Scientist Chemist Pharmacist
Dorset Wildlife Trust Librarian
Teacher Crime Scene Investigator Trust Technologist
Archaeologist

What jobs could I do with **SCIENCE** when I'm older?

Careers

What skills do I learn in my **P.E.** lessons?

Skill 1: Physical fitness
Skill 2: Teamwork
Skill 3: Communication
Skill 4: Teamwork

Personal Trainer Gym coach Sports scientist
Team manager Physiotherapist Sports journalist
Personal coach Sports coach Teacher
Rugby coach

What jobs could I do with **P.E.** when I'm older?

Careers

What skills do I learn in my **ENGLISH** lessons?

Skill 1: Literacy (reading and writing)
Skill 2: Speaking
Skill 3: Information gathering
Skill 4: Analysis and Evaluation

Teacher TV Presenter Personal Assistant
Travel writer Retail Assistant Sports Agent
Personal coach Project Manager Nursery nurse
Journalist

What jobs could I do with **ENGLISH** when I'm older?

Careers

What skills do I learn in my **GEOGRAPHY** lessons?

Skill 1: Research skills
Skill 2: Problem solving
Skill 3: Communication
Skill 4: Inference

Geographer Geographer Team Planner
Environmental Officer Risk Analyst Environmental Scientist
Logistics Manager Transport Planner Teacher
Tourist Office

What jobs could I do with **GEOGRAPHY** when I'm older?

Careers

