

At St Aloysius, our exceptional education is ambitious; we hold high expectations for all of our pupils and learning is clearly sequenced to ensure that they leave our school fully prepared for the opportunities and challenges they may face in their future and in all they aspire to do. We foster a love of learning, where pupils mature into enthusiastic, resilient learners. Our broad and balanced curriculum is planned to enable progression in key knowledge and subject specific skills from Early Years all the way through to Year 6. Content is sequenced to ensure that component knowledge leads to conceptual understanding; pupils are encouraged to make connections across year groups and subjects, therefore enabling them to think more deeply and interrogate subject matter. Key threshold concepts are woven through subjects to allow pupils to make meaningful links between current learning and that which came before. We provide pupils with regular opportunities to retrieve and recall prior learning, thus committing learning to their long-term memory.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Ball Skills - Hands/Feet	Ball Skills - Hands/Feet	Ball Skills - Hands/Feet	Attack vs. Defence	Attack vs. Defence	Attack vs. Defence
	Walking - Running	Jumping	Gymnastics	Gymnastics	Dance	Dance
Reception	Ball Skills - Hands/Feet	Ball Skills - Hands/Feet	Ball Skills - Hands/Feet	Attack vs. Defence	Attack vs. Defence	Attack vs. Defence
	Walking - Running	Jumping	Gymnastics	Gymnastics	Dance	Dance
Year 1	Health Related Fitness	Health Related Fitness	Dance	Handball	Athletics	Athletics
	Tennis	Gymnastics	Attack vs. Defence	Rounders	Football	OAA
Year 2	Health Related Fitness	Health Related Fitness	Cheerleading	Handball	Athletics	Athletics
	Tennis	Gymnastics	Attack vs. Defence	Cricket	Football	OAA
Year 3	Indoor Athletics	Netball	Gymnastics	Tennis	Cricket	Outdoor Athletics
	Rugby	Football	Hockey	OAA	Health Related Fitness	Dance
Year 4	Indoor Athletics	Football	Hockey	Tennis	Cricket	Outdoor Athletics
	Swimming	Swimming	Swimming	Swimming	Swimming	Swimming
Year 5	Indoor Athletics	Netball	Gymnastics	Tennis	Cricket	Outdoor Athletics
	Rugby	Football	Hockey	OAA	Health Related Fitness	Dance
Year 6	Indoor Athletics	Netball	Gymnastics	Tennis	Cricket	Outdoor Athletics
	Rugby	Football	Hockey	OAA	Health Related Fitness	Dance