



WEEK 1

WEEK 2

WEEK 3

MONDAY

CHOOSE A MAIN MEAL:

Cheese and Tomato Pizza(V)
Or
Quorn Curry ♥
Or
Cheesy Broccoli Pasta Bake
Or
Jacket Potato with a choice of topping

ON THE SIDE:

Potato Wedges/ Rice
Garlic Bread
Sweetcorn
Mixed Pepper Strips
DESSERT: Choice of:
Oaty Hob Nob Biscuit
Cheese & Crackers
Fresh Fruit or Yoghurt

TUESDAY

CHOOSE A MAIN MEAL:

Posh nuggets 🚚
Or
Beef Spaghetti Bolognese ♥
Or
Vegetable Enchilada's (V)
Or
Jacket Potato with a choice of topping

ON THE SIDE:

Garlic and Herb Potatoes
Garlic Slice
Carrot Batons
Broccoli
DESSERT: Choice of:
Chocolate Crispy Crunch
Cheese & Crackers
Fresh Fruit or Yoghurt

WEDNESDAY

CHOOSE A MAIN MEAL:

Roast of the Day 🚚 ♥
Or
Cheese and Tomato Pasta
Or
Vegetarian Toad in the Hole
Or
Jacket Potato with a choice of topping

ON THE SIDE:

Mashed Potatoes
Yorkshire Pudding/Stuffing
Cauliflower Cheese
Carrots
DESSERT: Choice of:
Orange Cake and Custard
Cheese and Crackers
Fresh Fruit or Yoghurt

THURSDAY

CHOOSE A MAIN MEAL:

Chadwick's Chicken Curry ♥
Or
Tuna Sandwich
Or
No Meat Ball Flatbread (V)
Or
Jacket Potato with a choice of topping

ON THE SIDE:

Wholemeal Rice
Sweetcorn
Homemade Coleslaw
Green Beans
DESSERT: Choice of:
Mousse with mandarins
Cheese & Crackers
Fresh Fruit or Yoghurt

FRIDAY

CHOOSE A MAIN MEAL:

Breaded Fish Cake
Or
Cheese and Bean Wrap
Or
Mac & Cheese 🚚
Or
Jacket Potato with a choice of topping ♥

ON THE SIDE:

Chips
Peas
Baked Beans
DESSERT: Choice of:
Summer Fruit Crumble & Custard
Cheese & Crackers
Fresh Fruit or Yoghurt

CHOOSE A MAIN MEAL:

Cheese and Tomato Pizza(V)
Or
Veggie Shepherd's Pie(V) ♥
Or
Double Filled Jacket Potato
Or
Jacket Potato with a choice of topping 🚚

ON THE SIDE:

Vegetable sticks & Hummus
Potato Wedges
Sweetcorn
Baked Beans
DESSERT: Choice of:
Jam sponge & custard
Cheese & Crackers
Fresh Fruit or Yoghurt

CHOOSE A MAIN MEAL:

Mr Tindale's Special Katsu
Chicken 🚚
Or
Chicken and Veg Savoury
Rice
Or
Quorn Mince filled Taco's(V) ♥

ON THE SIDE:

Sliced Oven Baked Potatoes
Broccoli
Cauliflower
DESSERT: Choice of:
Fruity Jelly and Ice-cream
Cheese & Crackers
Fresh Fruit or Yoghurt

CHOOSE A MAIN MEAL:

Roast of the Day 🚚
Or
BBQ Turkey Steak ♥
Or
Creamy Tomato Pasta Bake
Or
Jacket Potato with a choice of Topping

ON THE SIDE:

Roast Potatoes
Yorkshire Pudding/Stuffing
Homemade Bread
Carrots
Peas
DESSERT: Choice of:
Apple Crumble Cake
Cheese & Crackers
Fresh Fruit or Yoghurt

CHOOSE A MAIN MEAL:

Northumberland Sausage
Swirl 🚚
Or
Ham Sandwich
Or
Sweet Chilli Noodles (V) ♥
Or
Jacket Potato with a choice of Topping

ON THE SIDE:

Mashed Potato
Gravy
Broccoli
White Cabbage
DESSERT: Choice of:
Mrs Vickers Orange Biscuits
Cheese & Crackers
Fresh Fruit or Yoghurt

CHOOSE A MAIN MEAL:

Fish Fingers
Or
Vegetable Fried Rice ♥
Or
Jacket Potato with a choice of topping 🚚

ON THE SIDE:

Chips
Curry Sauce
Peas /Beans
DESSERT: Choice of:
Chadwick's Flapjack & Peach Slices
Cheese & Crackers
Fresh Fruit or Yoghurt

CHOOSE A MAIN MEAL:

Cheese and Tomato Pizza(V)
Or
Macaroni Cheese 🚚
Or
Salmon Pasta ♥
Or
Jacket Potato with a choice of topping

ON THE SIDE:

Homemade Potato Wedges
Garlic Slice
Sweetcorn
Carrot Batons
DESSERT: Choice of:
Chocolate Orange Muffin
Cheese & Crackers
Fresh Fruit or Yoghurt

CHOOSE A MAIN MEAL:

Savoury Mince & Dumplings
Or
Tikka Chicken Wrap ♥
Or
Cheese Sandwich (V)
Or
Jacket Potato with a choice of topping

ON THE SIDE:

Mashed Potato
Broccoli
Cauliflower
DESSERT: Choice of:
Mrs Morton's Angel Crunch
Cheese & Crackers
Fresh Fruit or Yoghurt

CHOOSE A MAIN MEAL:

Roast of the Day 🚚 ♥
Or
Creamy Chicken Pasta
Or
Quorn Sausages (V)
Or
Jacket Potato with choice of topping

ON THE SIDE:

Roast Potatoes
Yorkshire Pudding/Stuffing
Homemade Garlic Slice
Carrots/Broccoli
DESSERT: Choice of:
Chocolate Cake & Custard
Cheese & Crackers
Fresh Fruit or Yoghurt

CHOOSE A MAIN MEAL:

Steak and Vegetable Grill 🚚
Or
Mr Parkins Hunters Chicken
Or
BBQ Quorn Wrap (V)
Or
Jacket Potato with a choice of topping ♥

ON THE SIDE:

Diced Paprika Potatoes
Roasted Sweet Potato
Sweetcorn and Peas
Mild Peppercorn Sauce
DESSERT: Choice of:
Fruity Jelly & Ice-cream
Cheese & Crackers
Fresh Fruit or Yoghurt

CHOOSE A MAIN MEAL:

Breaded or Battered Fish
Or
Cheesy Quiche 🚚
Or
Jacket Potato with a choice of topping ♥

ON THE SIDE:

Chips
Mushy Peas
Baked Beans
DESSERT: Choice of:
Toffee Apple Muffin
Cheese & Crackers
Fresh Fruit or Yoghurt

