



A stylized logo at the top of the page features a golden crane with a red cross hanging from its hook. The crane's vertical mast is integrated into the letter 'A' of the word 'Aloysius'. The cross is positioned between the 'S' and 'y'.

Aloysius

Two schools,
one community.



What is PSHE

Personal

Social

Health

Economic





Why PSHE matters

Personal, social, economic and health education is an important part of all pupils' education. All schools should teach PSHE, drawing on good practice, and this expectation is outlined in the National Curriculum.

DFE gov.uk

PSHE education gives pupils the knowledge, skills and attributes they need to keep themselves healthy and safe and to prepare them for life and work in modern Britain.

PSHE Association



PSHE - Statutory Information



GOV.UK

The Health Education and Relationships Education aspects of PSHE (personal, social, health and economic) education will be compulsory in all primary schools from September 2020

The statutory guidance covers broad areas of particular relevance and concern to children and young people today. It should ensure that every child is guaranteed a PSHE education that covers mental health and wellbeing, physical health (including healthy lifestyles and first aid) and learning about safe, healthy relationships, including understanding consent and negotiating life online.

Parents will not be able to withdraw their children from any aspect of Relationships or Health education (which includes learning about the changing adolescent body and puberty).

Parents will be able to withdraw their children from any aspects of sex education other than those which are part of the science curriculum. (Sex education is not be statutory in primary schools however, the DFE 'continues to recommend that all primary schools should have a sex education programme tailored to the age and the physical and emotional maturity of the pupils')



Why is PSHE important to schools?

A growing body of research shows that pupils who are emotionally healthy do better at school. PSHE education helps children and young people to achieve their potential by supporting their wellbeing and tackling issues that can affect their ability to learn, such as anxiety and unhealthy relationships PSHE education also helps pupils to develop skills and aptitudes - like teamwork, communication, and resilience - that are crucial to navigating the challenges and opportunities of the modern world, and are increasingly valued by employers.

PSHE Association



Why is PSHE important to parents?

An overwhelming majority of parents support the view that schools should prepare children for life and work, not just for exams. 90% of parents say that all schools should teach PSHE education according to 2015 YouGov polling commissioned by the PSHE Association and the subject is supported by leading parent bodies including Mumsnet, PTA UK and the National Governors Association.

We believe that parents welcome a partnership between home and schools which supports their children's personal and social development, and help deal with issues of increasing complexity such as those related to mental health and staying safe, both online and offline.

PSHE Association



What will children learn?

By the end of Primary school pupils will have been taught content on:

Relationships

- Families and people who care for me.
- Caring Friendships
- Respectful relationships
- Online relationships
- Being safe

Health

- Mental wellbeing
- Internet safety and harms
- Physical health and fitness
- Drugs and tobacco
- Health and prevention
- Basic first aid
- Changing adolescent body



Links

Please refer to the PSHE curriculum area of our website for further information about our PSHE programme.

Please read our RSHE & PSHE policies

DFE: [statutory guidance for Health Education, Relationships Education and RSE](#)